

Timetable Wednesday 9th September- Friday 23rd October 2026

Dulwich Wood Best Start Family Hub Lyal Avenue, London SE21 8QS					Crawford Best Start Family Hub Crawford Road, Camberwell SE5 9NF						
Monday 9:30am-11am Baby Group (0-18 months) 11:15am-12:30pm ChatterTime (2-5 years) 12.30pm-1:30pm SENsational Play (0-5years) <i>*For children who have additional or SEN needs</i>	Tuesday 10am-11:30am Bookstart (0-5 years) 1:30pm-3pm Stay & Play Early Words Together (0-5 years)	Wednesday 12:00pm-2pm Breastfeeding Drop-in <i>last arrival at 1:30pm</i>	Thursday 11:00-12:30pm Family Support Session (0-5 years)	Friday 9:30am-11:00am Stay and Play (0-5years) Saturday 12pm-1:30pm Stay and Play 26th September	Monday 1:00pm-2:30pm Baby Sensory Group (0-12 months)	Tuesday 10am-11:30am Bookstart (0-5years) <i>*Camberwell library</i> 10am-12pm Breastfeeding Drop-in <i>*last arrival at 11:30am</i>	Wednesday 10am-12pm EPEC <i>*Referrals only starting 30th September</i> 1.30pm-3pm Stay & Play (0-5years)	Thursday 10am-12pm Health Visitor (0-2years) <i>*last arrival at 11:30am</i> 10:00am-11:30am Stay and Play (0-5years) 1.30pm-3pm Toddler Time and Early Words Together (2-5years)	Friday 1pm-2:30pm PMHT Incredible Years <i>*Referrals only</i>		
Albrighton Best Start Family Hub 37 Albrighton Road, London SE22 8AH			 Vouchers 		Additional Sessions						
Wednesday 10am-11:30am Stay and Play (0-5years)		Friday 10am-11:30am Bookstart (0-5years)		Rose Voucher Collection days are Tuesday at Dulwich Wood 10-12pm. Wednesday at Albrighton 10-11:30am Thursday at Crawford 9.30 - 12pm	Foodbank We can provide you with Foodbank					Starting Solids Workshop - Booking Required 14th September 10-12 @ Crawford Mindful Mums Sessions - Booking Required 1st Oct- 19th Nov 12-1.30 @ Dulwich Wood Fussy Eating Workshop - Booking Required 2nd October- 10am-12pm @ Crawford Starting Solids Workshop - Booking Required 20th October 10-12 @Dulwich Wood Talk Learn Do workshop - Booking Required 7th October 10-12 @ Dulwich Wood	
Find Out more!											
Citizen Advice & DWP Every Monday To book email cdcfcoffices@dulwichwood.com		Imagination library: Live in Southwark and have a child under 5 register for a monthly free book till their 5th birthday: https://50thingstodo.org/		Family Support & Advice Session: Book in a face-to-face or phone call appointment to get advice and support from our Community Family Workers: email us at: cdcfcoffices@dulwichwood.com Parent Forum Dates: Monday 28th September @ Dulwich Wood 9.30-11am Wednesday 30th September @ Crawford 1.30-3pm			Contact us: Facebook:@CamberwellandDulwichcfc Twitter: @C_D_cfc Instagram: cd_childrenfamilyhub Web: https://www.dulwichwood.com/aardvarkcc/ Email: cdcfcoffices@dulwichwood.com Phone: 020 7525 2017				

Session description on back.

Baby Group:

Play, singing and sensory activities to stimulate your baby.

Stay and play:

Come and play and get tips and ideas for learning through play.

Bookstart:

Activities supporting literacy using puppets and props to make story time fun and engaging.

SENsational Play:

Come and Play and get weekly tips and ideas for learning through play for children with additional needs.

ChatterTime:

A Stay and Playgroup to help support your child's Speech and Language.

Family Support Sessions:

Run by our Family Support Team (Community Family Workers) Join us for a friendly and welcoming group where parents and carers can meet others, share experiences, and access advice and support in a relaxed environment. Children are welcome to play, while parents can access local services such as Rose Voucher scheme, Citizens advise, SEN advice, Housing and signposting to services to help families feel supported, informed, and connected..

Stay and Play / Toddlertime & Early Words Together:

Come and play and get tips & ideas for learning through play and build up your confidence in supporting your children's communication, language and Literacy skills.

DWP

Supporting families into work and helping families overcome barriers, giving advice on employment, child care hours and cost. Support with benefits and DLA & Lots more!

Incredible Years Parenting Group

supports parents and carers of children aged 3 to 6 years to strengthen their relationship, build effective parenting strategies, and support their child's social, emotional and language development. The group aims to increase parental confidence, reduce stress, and provide opportunities to connect with other parents.

EPEC:

A 9-week course to help parents to learn practical skills for everyday life.

Baby Sensory Group:

Engage your baby with play, singing, and sensory activities that encourage exploration and stimulate their developing senses.

Citizen Advice

Free advice & support for families in Southwark
The Family Financial Resilience Partnership (FFRP) is a Greater London Authority-funded programme helping low-income families with children access FREE, high-quality welfare advice — so your income can meet your everyday needs.