

All sessions are free to attend

Dulwich Wood Children and Family Centre Lyllal Avenue, London SE21 8QS					Crawford Children and Family Centre Crawford Road, Camberwell SE5 9NF				
Monday	Tuesday	Wednesday	Thursday	Friday	Monday	Tuesday	Wednesday	Thursday	Friday
9:45am-11:15am Baby Group (0-18 months)	10am-11:30am Bookstart (0-5 years)	1:30pm-2:30pm Chattertime Plus (2-5 years)	10am-11:30am ToddlerTime & Early Words Together (2-5 years)	10:30am-11:30am Baby and Toddler at the Library (0-5years) <i>Kingswood library</i>	1:30pm-2:30pm Stay and Play & Early Words Together (0-5years)	10am-11:30am Bookstart (0-5years) <i>Camberwell library</i>	10am-12pm EPEC- Being a Parent <i>*Referrals only</i>	10am-12pm Health Visitor (0-2years) <i>*last arrival at 11:30am</i>	1pm-2:30pm Yoga for Parents Wellbeing <i>*referrals only</i> <i>Start date 20th September</i>
1:30pm-3pm Stay and Play (0-5 years)			1:30pm-3pm SENSational Play (0-5year)		10am-12pm Breastfeeding café <i>*last arrival at 11:30am</i>	1:30pm-3pm Baby Group (0-18 months)	10:30am-11:30am Stay and Play (0-5years)	2pm-3pm Stay and Play (0-5years)	
Additional Sessions <i>Booking is Required for these sessions</i>			Albrighton C&F Centre 37 Albrighton Road, London SE22 8AH		The Grove Children and Family Centre Tower Mill Road, London, SE15 6BP				
			Wednesday	Friday	Monday	Tuesday	Friday		
Thursday 26 th Sept & 24 th Oct: Story time at the Gallery 1:30pm-2:30pm (0-5years) <i>*Dulwich Picture Gallery</i>			10am-11:30am Stay and Play (0-5years)	10am-11:30am Bookstart (0-5years)	1:30pm-3pm Baby, Me & Wellbeing (0-2years)	10am-11:30am Stay and Play (0-5years)	10am-11am Move and Groove (0-5years)		
Thursday 17 th October: Henry Starting Solids 1:00pm-3:00pm <i>*Crawford Centre</i>			1:pm-2:15pm Chattertime (2-5years)			1pm-2:30pm SENSational Play (0-5years)			

Find Out more!

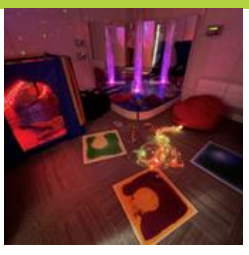
<https://50thingstodo.org/>

Live in Southwark and have a child under 5 register for a monthly free book till their 5th birthday:
[Imaginationlibrary](#)

We can provide you with Foodbank vouchers

Rose Voucher Collection days are Monday from 9am-12pm & 1Pm-3pm & Thursday from 1pm-3pm at Our Crawford Centre.

Free Soft Play and Sensory rooms
Come along to our sessions at The Grove to enjoy our soft play and sensory rooms.



Facebook: [@CamberwellandDulwichcfc](#)

Twitter: [@C D cfc](#)

Instagram: [c d cfc](#)

Web: <https://www.dulwichwood.com/aardvarkcc/>

Email: cdcfcffices@dulwichwood.com

Phone: 020 7525 2017

Session description on back.

About the Sessions.

Baby Group:

Play singing and sensory activities to stimulate your baby.

Stay and play:

Come and play and get tips and ideas for learning through play.

Baby Massage:

A 5-week massage course for parents and babies. Towels and Oil are required for this session.

Bookstart:

Activities supporting literacy using puppets and props to make story time fun and engaging.

Chattertime Plus:

A stay and play group tailored to support children with complex communication needs who have difficulties in several areas of communication, such as attention, social interaction, behaviour, understanding language and talking.

SENsational Play:

Come and Play and get weekly tips and ideas for learning through play for children with additional needs.

ChatterTime:

A Stay and Play group to help support your child's Speech and Language.

Move and Groove:

Come play and get tips and ideas for learning through play at our structured music and singing sessions with instruments and props.

Stay and Play / Toddlertime & Early Words Together:

Come and play and get tips & ideas for learning through play and build up your confidence in supporting your children's communication, language and Literacy skills.

Breastfeeding Café:

Drop in for advice and support for any of your breastfeeding concerns.

Baby, Me & Wellbeing:

Get advice and information, chat make friends in a safe, supportive and fun space for you and baby. With creative activities for your little ones

Yoga for Parents Well-Being:

A 8-week group where you can learn the tools to manage stressful and challenging emotions.

EPEC Being a Parent:

A 9-week course to help parents to learn practical skill for everyday life.
Story tots and Plant pots:
Activities supporting literacy using puppets and props to make story time fun and engaging.

Storytime at the Gallery:

Spark you child's imagination through playful painting that stimulates your child's development and curiosity.

ESOL:

Develop your English language skills and get a recognized ESOL qualification. For parents with children aged 0-5 years. A Creche is provided.